

Considering Allergy Drop Treatment?

Addressing your concerns and questions

Are you on the fence about trying sublingual immunotherapy (allergy drops) to manage your allergies? Don't be—we address below some of the top concerns and questions our patients have about the process and why getting treatment sooner rather than later is a smart idea.



Mild allergies are no big deal, right?

You may feel okay now, but remember how you feel during spring and summer allergy season when your allergies are at their worst. How many days are you calling in sick to work or skipping school due to your allergy symptoms? How often do you feel sick? In addition to their impact on your personal and professional life, allergies can exacerbate or induce a range of conditions, including:

- Asthma
- Sinusitis
- Headaches
- Eczema

If you're grappling with any (or several) of these health concerns, allergies may be the culprit, and addressing the root cause could enhance your well-being and enable you to return to work or school with fewer symptoms.

80% of sinusitis cases are caused by a mold allergy.¹

75% of people reported less time away from work or school after successful treatment.²



I'm concerned about the treatment costs.

Customized allergy drops could be more affordable than prescriptions and over-the-counter medications that only provide temporary relief. You can use FSA or HSA funds toward their cost. Think about how much you spend on nasal sprays, eyedrops, antihistamines, skin creams and inhalers to manage your allergy-related conditions. Now, consider opting for allergy drop treatment to diminish or eliminate your need for these medications in the long run. Even though insurance may cover traditional allergy treatment (allergy shots), frequent clinic visits, related absences from work or school and co-pays can accumulate quickly.

Allergy drops for environmental triggers start at **\$50/month.**

Calculate the real cost of your allergies by going to www.entalabama.com.



Can't I just take over-the-counter meds for my allergies?

Over-the-counter medications only cover up symptoms; they don't address the root cause of the allergy. That means you could have to take them indefinitely to manage your symptoms. Think about how big that expense can get over a lifetime. Allergy drops work by training your body to resist reacting to specific allergens, usually over a treatment course of three to five years. Typically, once your body develops long-term tolerance, treatment is complete.

50% of people noted a reduction in their reliance on allergy-related medication after successful treatment.²

97% of patients say they are able to consistently stick to their at-home treatment schedule.²

¹Allergy Choices. (2019). An allergy to fungus could be causing your chronic sinusitis. <https://www.allergychoices.com/blog/allergy-fungus-causing-chronic-sinusitis/> ²Allergy Associates of La Crosse Peer Reviewed Published Studies & Allergy Choices Pharmacy Customer Survey 2020

Start treatment sooner so that you can start your journey to relief sooner. Ask your provider at ENT Associates of Alabama to explain how simple and affordable a personalized treatment based on your test results can be.

THE TRUE COST OF ALLERGIES: Understanding Your Savings With Allergy Drops

Your out-of-pocket expenses for allergy drops could be lower than the cost of prescriptions and treatments covered by insurance!

That means addressing the root cause of your allergies by using allergy drops is not only affordable—it's also safe, convenient and effective. [See for yourself.](#)

MONTHLY COSTS



Medications

How much do you pay each month for nasal sprays, eyedrops, inhalers, antihistamines, skin creams, etc.?

Prescription allergy medications =

Over-the-counter allergy products =

Lost work or school time

Approximately how many hours of work are missed each month because of your or your child's allergy illness, appointment or hospitalization time?

#hours

X

\$ hourly pay
rate =

Medical appointments

Calculate the number of allergy-related clinic, hospital and ER visits you have per month (include visits for sinus infections, asthma issues, rashes, ear infections, eczema/dermatitis, allergy shots, etc.).

visits

X

\$ out-of-pocket
co-pay(s) =

ESTIMATED TOTAL MONTHLY COST: \$

Other allergy costs:

- Travel—gas, flights, hotel, etc.
- Bed coverings, pillows, etc.
- Air purifiers
- Insurance deductible
- Medical co-pay



Average cost for an inhalant allergy drop prescription: About \$50*/month

SAVE MONEY, TIME & YOUR HEALTH!

Many patients discover their reliance on other prescriptions to manage allergy symptoms lessens once they begin allergy drop treatment. Also, they generally have fewer follow-up visit costs and spend less time missing work or school. Allergy drops usually meet the criteria for Health Savings Account or Flex Spending Account reimbursement.

Don't delay any further! Get in touch with us today to find out how to take control of your allergies!